



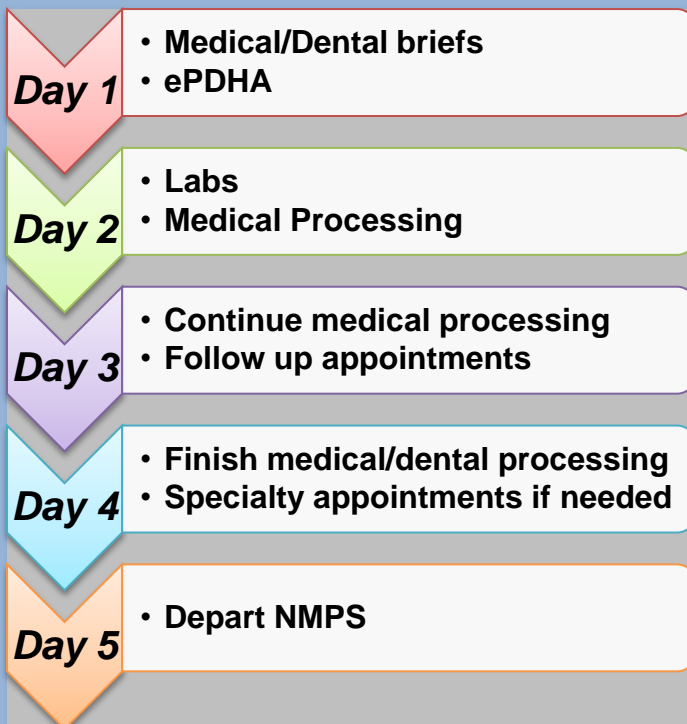
Navy Expeditionary Redeployment/Demobilization Processing *Medical Brief*



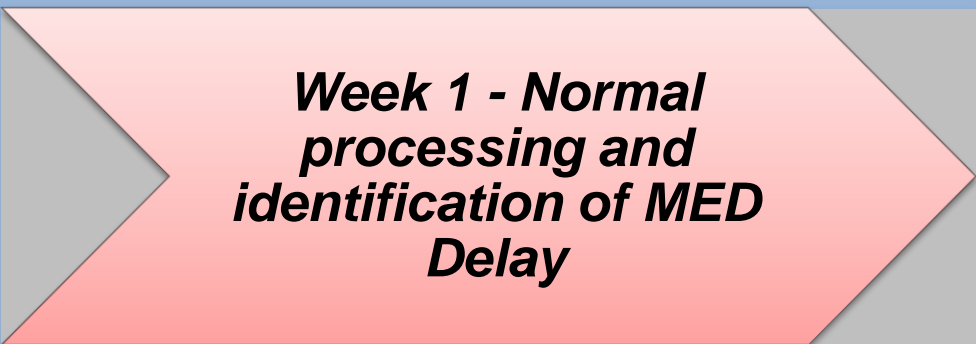
Navy Mobilization Processing Sites
(Norfolk, San Diego, Gulfport)

Demobilization Process

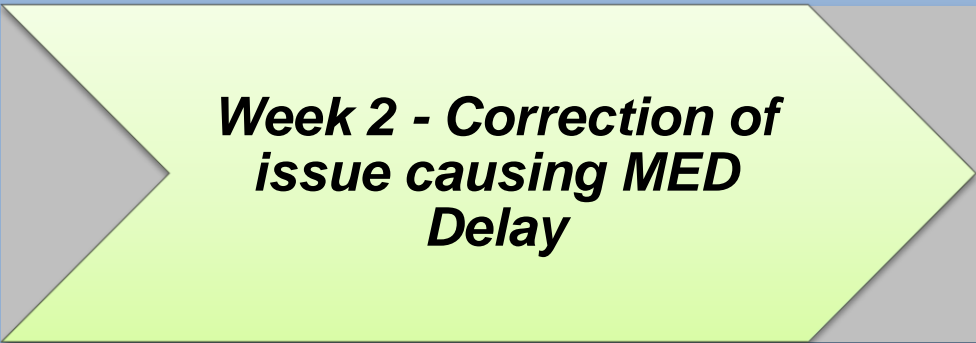
Typical Demobilization Schedule – 5 Days



Medical Delays – Processing can take up to 14 days



Week 1 - Normal processing and identification of MED Delay



Week 2 - Correction of issue causing MED Delay

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- *Thoroughly review Medical/Dental status*
 - *Understand benefits and document medical conditions*

Need help with your **MEDICAL REFERRAL?**

The Resource Referral Tracking Manager is here to assist you with:

- ✓ Tracking issued referrals for returning RC and AC members
- ✓ Maintaining monthly contact until issues are resolved
- ✓ Problem solving appointment issues, delayed care, etc.
- ✓ Locating resources for TRICARE, VA, and civilian locations
- ✓ Helping you with understanding your health benefits

Resource Referral
TRACKING MANAGER

1 (855) NAVY 311
24/7 HOTLINE 1 (855) 628-9311

Need help accessing **TRICARE, VA or MTF?**

The Resource Referral Tracking Manager can answer your questions:

- ✓ TRICARE benefits are confusing and you need help?
- ✓ You're on terminal leave and an agency (VA, TRICARE, Medical Treatment Facility) states you're not eligible?
- ✓ You live in a remote area, on terminal leave and sprain your ankle?
- ✓ You arrive home and realize you forgot to tell the NMPS provider about a service related injury?
- ✓ Need help understanding your entitlements and benefits?
- ✓ Specific geographic location assistance?

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Deployment Health Assessments



- **DD 2796 – Post Deployment Health Assessment (PDHA)**
 - completed at NMPS (within 30 days of departing theater)
- **DD 2900 – Post Deployment Health Re-Assessment (PDHRA)**
 - completed at parent command 90-180 days from departing theater
- **Both Health Assessments require:**
 - Sailor completing the assessment in eDHA
 - completion of a face to face interview with a medical provider
 - a copy of the assessment to be placed in your medical record
- **Medical referrals completed (if required)**



TRICARE AND TRANSITIONAL ASSISTANCE MEDICAL PROGRAM (TAMP)

RESERVISTS AND FAMILY MEMBERS

- TRICARE Transitional Healthcare authorized for 180 days
- Must re-apply for Tri-Care Benefits prior to the end of Terminal Leave

CONTINUED HEALTH CARE BENEFIT PROGRAM

- TRICARE Reserve Select
- TRICARE becomes the secondary payer on employee health care plan
- ww.tricare.osd.mil
- www.humana-military.com



TRICARE DENTAL (United Concordia)

- Dental benefits for RC members discharged from active duty after more than 30 days in support of a contingency operation are available in the same manner as a member of the uniformed services on active duty for more than 30 days. This requires care to be provided in both military dental treatment facilities and authorized private sector dental care. This care will run concurrently with the member's TAMP coverage.
- Dental benefits for TAMP eligible's are limited to space available care in the Dental Treatment Facility (DTF).



VA MEDICAL /DENTAL BENEFIT



BENEFIT TIMETABLE

- Medical/dental benefits 180 days of separation after receipt of DD 214

VETERAN SERVICE ORGANIZATION CONTACT

- 1-800-827-1000
- www.VA.org

QUESTIONS?

